Easterlies

A wide range of holistic approaches to human development and well being.

Ethical Code

We endeavour to foster personal development and autonomy.

Basic Principles:

Respect

We respect the individual process, and the depth and pace at which people wish explore their concerns.

Confidentiality

We believe confidentiality is an essential aspect of the therapeutic relationship.

Boundaries

We seek to maintain awareness of boundary issues inside and outside the therapeutic setting.

Referral

We see it as our responsibility to be honest with people if we believe their needs might be better met elsewhere such as by another practitioner that we know or possibly medical advice.

Supervision

We take responsibility for engaging in ongoing personal , peer and group face to face supervision

If we experience conflict in relation to someone we are working with, then we have a professional responsibility to deal with this appropriately

Honesty

We are committed to meeting and addressing with integrity our mistakes and shortcomings.

We are willing to be open and honest about our personal and professional experience, beliefs and values which underpin the way we work.

Personal and Professional Development

We are committed to sustaining our own personal and professional development is an ongoing process and an intrinsic part of our work.

We are willing to talk to people about our own work as individuals, our work together as a group and about the Independent Practitdioners Network and our participationin it.

We are involved in the **Independent Practitioners Network.** This is a national network offering frameworks for accountability and validation of the working relationship. It is committed to self and peer review and challenge within a network of groups of practitioners who know and stand by each other.

**See: http://ipnetwork.org.uk**

For information about Easterlies, or if there are any issues related to this Code of Ethics which you wish to discuss with someone contact individual members.

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